

# A menopause benefit your team will actually open

Nila for teams. Evidence-led pathways, tools and a chat companion for perimenopause, menopause and the midlife shifts around them. Quietly inclusive, members-first. No clinician booking, no triage, no PHI.

## What every employee gets

- Evidence-led pathways across perimenopause, menopause and midlife (sleep, mood, brain fog, vasomotor, libido, joints).
- Nila chat — continuity across sessions, quietly inclusive voice.
- Tools: symptom tracker, weekly check-in, GP letter drafter, MRS assessment, shareable summaries.
- A library that takes neurodivergence, gendered care experiences and postmenopause seriously.

## Why it matters at work

- 1 in 10 UK women have left a job because of menopause symptoms (ONS, 2022).
- 8 in 10 say their employer has no menopause support (Fawcett Society).
- US estimates: \$1.8B+ in lost productivity per year (Mayo Clinic / NAMS).
- Most existing benefits are clinical-care marketplaces at £15–£40 per employee per month. Nila is a fraction of that.

## Pricing · annual seats · CAD

<b>Team</b>	10–49 employees	CAD \$79 / seat / yr	Self-serve checkout, codes by email
<b>Company</b>	50–249 employees	CAD \$59 / seat / yr	Inquiry-only · invoice + DPA + optional SSO
<b>Enterprise</b>	250+ employees	Custom (typ. \$39–\$49)	MSA, SSO, bulk provisioning

## What this is not

- Not a clinical care marketplace — we don't book appointments or prescribe.
- Not a wellness portal nobody opens — Nila is what teams actually use.
- Not surveillance — anonymised aggregate engagement only, never per-employee data.
- Not a replacement for an EAP — it sits next to one, covering what EAPs typically don't.

## Ready to talk?

Tell us how many employees you're covering and any timing (open enrolment, fiscal year, benefits review). We'll come back within two working days with a quote and a sample rollout plan.

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